

Play a game or two (go wild!)



- Write the fruits of the spirit out at least twice. Have 1 set facing up on the floor and the others as a pile, face down. Take it in turns to select a card from the pile and act out either that emotion or a behaviour related to the fruit of the spirit, *E.g. for love- hug someone, Patience- show waiting for your turn.* Other players needs to be the first to Whack or Grab the right card that demonstrates the fruit of the spirit to gain a point.
- Play 'Fruits of the Spirit Bingo'. Write the fruits of the spirit on paper and cut them up. Place them into a pot/hat. Each player draws a 2 X 3 grid and writes 6 different fruits of the spirit (one in each square). The caller then randomly selects fruits of the spirit from the hat or pot. The first player to cover all their squares, wins.
- Create a basket of fruit (real or pretend items). Each person to run to a desired point and put all the fruit into a basket and run back to the start where the next player will run to the table and empty the basket and run back for the next player to FILL the basket and continue to play until everyone has filled the basket with fruit.

And now watch the video link

https://www.youtube.com/watch?v=5GZjFNTJUL4



Grown ups, take 5 minute and grab a coffee!



Question to talk about



- List all the different reasons why fruit is so good
- Why is it important that fruit is attached to the rest of the plant?
- When Jesus talks about fruit, what does he mean? Have you seen those kinds of fruit in your lives? When?
- How can we get the fruit of the Spirit? Can you give examples of how each fruit is displayed? For example, how do you show love?
- When do you find it hard to live for Jesus and bear his fruit? Out of these nine fruits, which is the most difficult for you? Why?
- What would it look like to remain in Jesus this week?





The Bible talks about fruit but this is a different kind of fruit, it's called the fruit of the Spirit. The fruit of the Spirit is a little like real fruit because they are each special and different too. It's really great because when we ask Jesus to live in us his Spirit stays with us and He will give us some of this special fruit. As we grow and learn more about Jesus, the Spirit will give us more and more fruit and we'll become more like Jesus.

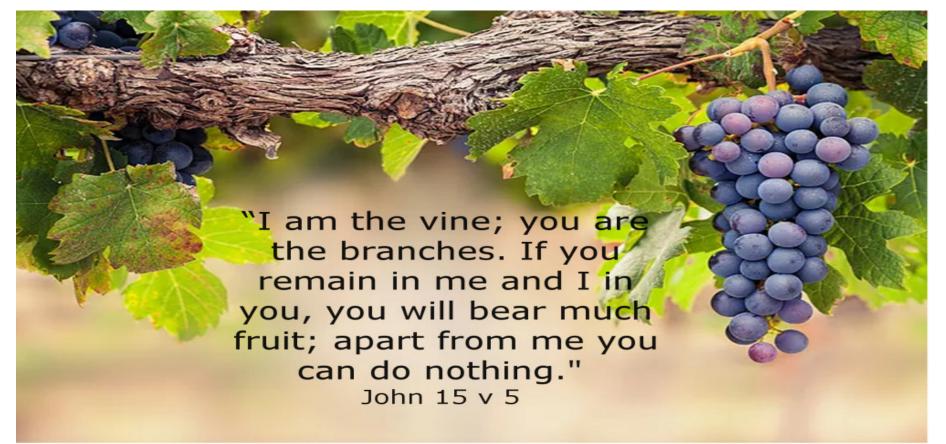
The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. All of these fruits are good to have and the Spirit wants to give them to us and wants us to live lives where we show these things to others.

It's not easy to always to the right things and behave in a good way (especially if your younger brother or sister is really annoying you!) But God wants to help us to be able to use the gifts properly and if we ask him every day to help us, our lives will be filled with the fruits of the spirit and that will really make God happy.



Can you learn this verse by heart?

Put it to music, make up actions, turn it into a rap or just say it over and over until it sticks!



Choose an activity:

Fruity Bookmark

Cut out card in the shape of a piece of fruit for children to color and decorate, add stickers and write all the fruits of the spirit.



3D Fruit

Cut out 9 strips of coloured paper. On each one write a fruit of the spirit. Carefully gather them together and staple like a sphere

Then draw a leaf to attach to the top that says 'The fruits of the are...'



Fruits of the Spirit Bouquet

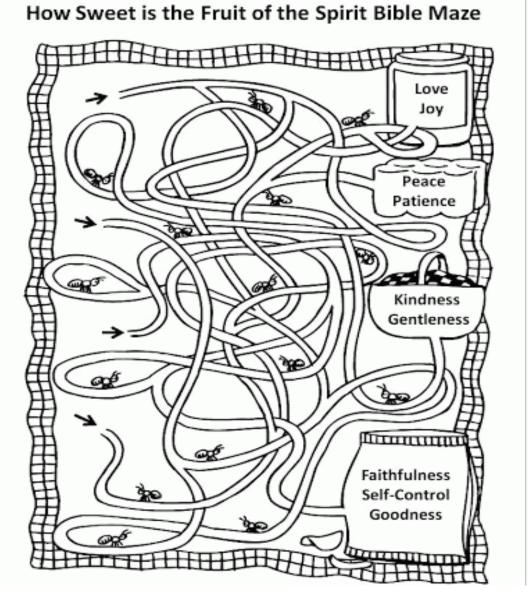
Draw 9 different fruits onto coloured card and cut out. On each shape, to write a different fruit of the spirit. Tape each piece of fruit to a bamboo skewer. Place the skewers in the vase. Your bouquet is now ready to display for everyone to see! Practice the fruits of the spirit daily!



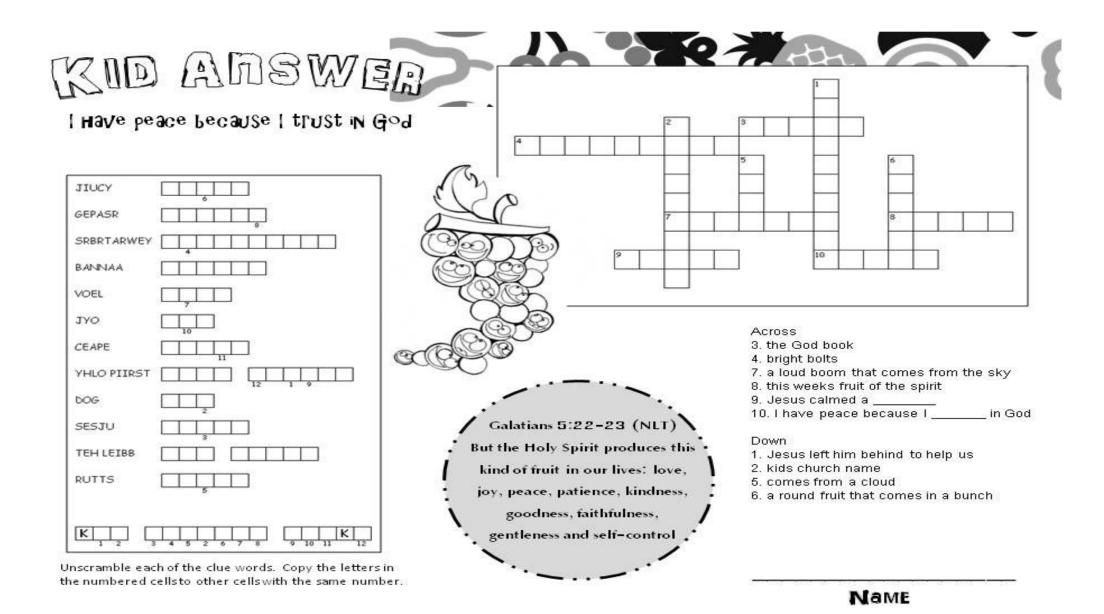
Edible craft

Make a fruit salad or fruity kebabs (using 9 different fruits). Name each of your edible fruits with a fruit of the spirit. As you are making and creating, discuss what that fruit of the spirit means and how we can show these in our daily lives.





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Songs and actions to join in with

(Come on , you know you want to !!)

• <u>https://www.youtube.com/watch?v=Rezg4jYFoj0</u>

The fruit of the spirit

https://www.youtube.com/watch?v=15R6SNZ-K1g

Never give up

<u>https://www.youtube.com/watch?v=d6085sLXCMs</u>

Peace like a river

• <u>https://www.youtube.com/watch?v=AS0Dgv-iJPo</u>

Looking t my heart